

## WEEK 6: BUILDING YOUR DREAM NETWORK & TEAM

### EXERCISE 6.1 || HIGH-TOUCH DREAMING — THE ART OF NETWORKING

#### YOUR HIGH-TOUCH DREAMING SCORECARD

Name:	Name:
Business/Dream:	Business/Dream:
New Opportunity:	New Opportunity:
Follow-Up:	Follow-Up

### EXERCISE 6.2 || FINDING YOUR MENTORS

Top Five Qualities for My Ideal Mentor:

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Why these qualities matter and how they might affect my Dream:

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**Top Five Leaders in My Field:**

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**How I think these leaders got there and what value will come from our relationship if each becomes my mentor:**

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**Five Possible Ways to Connect with Them** (Coffee Date, Conference Call, Etc.)

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**How I'll initiate these connections, including what I'll say or write:**

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Name five people who are potential mentors for each of the nonprofessional aspects of your life and add a sentence explaining why.

IDENTIFY YOUR MENTOR NETWORK

**INDUSTRY SPECIFIC**

**1. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**2. Name:**

**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**3. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**4. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**5. Name:**

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**Title:**

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In Network Y/N:

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Ways to Reach:

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## GENERAL BUSINESS

1. Name:

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Title:

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In Network Y/N:

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Ways to Reach:

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2. Name:

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Title:

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In Network Y/N:

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Ways to Reach:

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3. Name:

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Title:

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In Network Y/N:

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Ways to Reach:

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4. Name:

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Title:

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In Network Y/N:

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Ways to Reach:

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5. Name:

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Title:

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In Network Y/N:

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Ways to Reach:

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**SPIRITUAL**

1. Name:

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Title:

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**In Network Y/N:**

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**Ways to Reach:**

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**2. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**3. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**4. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**5. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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## **PHYSICAL**

**1. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**2. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**3. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**4. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**5. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**LIFESTYLE**

**1. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**2. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**3. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**4. Name:**

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**Title:**

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**In Network Y/N:**

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**Ways to Reach:**

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**5. Name:**

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**Title:**

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**In Network Y/N:**

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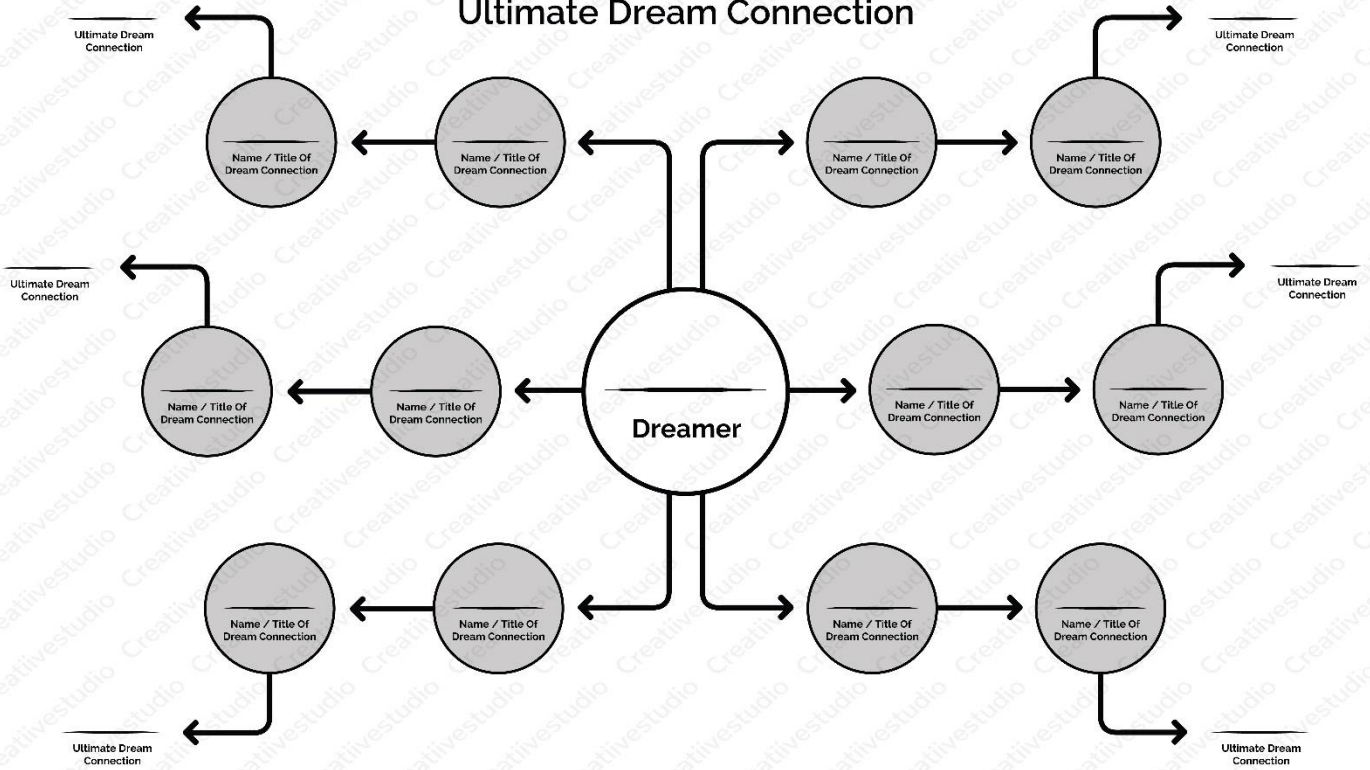
**Ways to Reach:**

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EXERCISE 6.3

SIX DEGREES TOWARD YOUR DREAM

Ultimate Dream Connection



EXERCISE 6.5

BUILDING A DREAM TEAM

Mapping Your Dream Team

