

WEEK 4: DISCOVERING YOUR PURPOSE

EXERCISE 4.1 || 10 QUESTIONS FOR DISCOVERING YOUR PURPOSE FROM THE INSIDE OUT

It's time to roll up your sleeves and dig into the underlying qualities that define your purpose. In this exercise, answer the following 10 questions as fully as possible in your Dream Notebook.

1. What brings you your greatest joy?

2. What are you most curious about?

3. Who are the people that light you up and bring you the most joy?

4. What gifts, talents, and skills come to you naturally?

5. What are your weaknesses?

6. What are your strengths?

7. What inspires you?

8. What annoys you?

9. What would you do on a perfect day?

10. What would you do every day without pay?

EXERCISE 4.2 || YOUR PERSONAL PURPOSE STATEMENT

EXERCISE 4.4 || YOUR DREAM'S MISSION STATEMENT
